ALABAMA BOARD OF COSMETOLOGY
ADMINISTRATIVE CODE

CHAPTER 250-X-4
APPRENTICES

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250-X-4-.01 Requirements.

(1) Apprentices must apply for a permit and pay the applicable fee before beginning work.

(2) Apprentices must train in a shop licensed by the Board under a licensed sponsor who holds the same type license.

(3) The sponsor must be licensed during the entire period of apprenticeship.

(4) No sponsor may train more than one apprentice at a time, and the Board must be immediately notified of any change in apprentice sponsorship.

(5) Apprentices must pay an additional registration fee when changing sponsor.

(6) Apprentices are limited to three (3) changes in sponsor during training.

(7) Barber apprentices and manicure apprentices are allowed two (2) years to complete training.

(8) Cosmetology and esthetic apprentices are allowed three (3) years to complete training.

(9) Natural Hair Stylist apprentices are allowed six (6) months to complete training.

(10) Apprentices must meet requirements outlined in the Code of Ala. 1975, Section 34-7B-16. In addition to practical training, sponsors must provide apprentices with a copy of a Board approved textbook for theory study.

(11) Shops with apprentices or student trainees must display a clear and legible sign not less than 8” X 10” in the reception

area or at work stations advising the public that services are offered by apprentices or student trainees.

(12) Shops and sponsors are responsible for keeping a daily, monthly and accumulated total of earned apprentice hours, and sponsors must submit monthly and accumulated hours to the Board office by the fifteenth (15th) day of the month after the month in which hours are earned.

(13) Apprentice hours received in the Board office with a postmark date later than the fifteenth (15th) day of the month after the month in which hours are earned will not be credited, and both shop and sponsoring licensee will be in violation of Board regulations and subject to a fine as provided in the Code of Ala. 1975, Section 34-7B-10.

(14) Apprentices who have their apprenticeship interrupted by military service may reenroll in an apprenticeship program within one year of completion of their tour of duty and receive credit for previous hours earned.

(15) A person is allowed to complete an apprenticeship only one time per an apprenticeship type.

(16) An apprentice may have a primary sponsor and additional secondary sponsors beginning January 1, 2025. All sponsors must meet the requirements outlined in Code of Ala. 1975, Section 34-7B-16. At least one sponsor must be present at all times when the apprentice is performing services.

(17) The primary sponsor is responsible for maintaining and submitting apprentice hours to the Board. The names of all secondary sponsors should be included on the apprentice attendance records and a copy of all attendance records should be maintained in the shop.

Author: Jeannie G. Price, CPA
Statutory Authority: Code of Ala. 1975, §34-7A-3, 22.
History: Filed September 24, 1982. **New Rule:** Filed April 20, 2001; effective May 25, 2001. **Repealed (See Ed. Note):** Filed July 1, 2002; effective August 5, 2002. **Repealed and New Rule:** Filed April 1, 2004; effective May 6, 2004. **Repealed and New Rule:** Filed September 7, 2005; effective October 12, 2005. **Amended:** Filed May 15, 2007; effective June 19, 2007. **Amended:** Filed April 23, 2009; effective May 28, 2009. **Amended:** Filed August 31, 2010; effective September 4, 2010. **Repealed and New Rule:** Filed October 25, 2013; effective November 29, 2013. **Amended:** Filed July 18, 2017; effective September 1, 2017. **Amended:** Filed July 18, 2018; effective September 1, 2019. **Amended:** Published November 27, 2024; effective January 11, 2025, operative February 1, 2025. **Amended:** Published March 31, 2026; effective May 15, 2026.

Ed. Note: Rule 250-X-4-.01.01, Requirements, was previously renumbered 250-X-4-.01 after the original 250-X-4-.01, Requirements For Apprentices was repealed as per certification filed July 1, 2002; effective August 5, 2002.

250-X-4-.02 Apprentice Permits.

(1) Shop owners and sponsors are responsible for returning temporary permits and total hours earned for discontinued apprentices.

(2) Apprentice permits are not transferable between sponsors or shops. Apprentices must apply to the Board for a new permit involving any change in shop or sponsor and pay the applicable fee.

(3) Cosmetology and esthetician apprentices must complete their training within three (3) years.

(4) Barber and manicure apprentices must complete their training within two (2) years.

(5) Natural Hair Stylist apprentices must complete their training within six (6) months.

(6) No student may be issued an apprentice permit.
Author: Jeannie G. Price, CPA
Statutory Authority: Code of Ala. 1975, §34-7A-3(d), 22.
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250-X-4-.03 Apprentice Curricula.

(1) Barber Apprentices must complete a curriculum of not less than the following requirements:

200 hrs. History, Law, Image, Management
200 hrs. Sanitation, Infections
300 hrs. Cutting, Shaping, Styling
150 hrs. Shampooing, Rinses
200 hrs. Sciences, Anatomy
100 hrs. Skin, Scalp, Hair

250 hrs. Shaving, Design, Hairpieces
100 hrs. Chemical Waving
200 hrs. Hair Coloring
100 hrs. Relaxing
200 hrs. Unassigned
2,000 HOURS TOTAL

(2) Cosmetology apprentices must complete a curriculum of not less the following requirements:

450 hrs. Sanitation/Sterilization/Allied Sciences
150 hrs. Skin, Facials, and Make-Up
225 hrs. Manicure, Nails
150 hrs. Shampoos, Rinses
300 hrs. Coloring, Bleach
225 hrs. Haircutting
595 hrs. Hairstyling (Finger Waving, Styling, Hair Pressing, Thermal Waving)
525 hrs. Permanent Waving
380 hrs. Unassigned
3,000 HOURS TOTAL

(3) Esthetician apprentices must complete a curriculum of not less than the following requirements:

200 hrs. Bacteriology and Sanitation, Personal Hygiene, Public Health
200 hrs. History of Skin, Cell, Tissue
200 hrs. Dermatology, Structure, Functions, Types, Color, Elasticity, Disorders
100 hrs. Structure/Function Human Systems 100 hrs. Skin Types, Color, Nutrition
200 hrs. Facial Treatments, Massage, Analysis, Preparation, Manipulations
150 hrs. Equipment, Electrical Current Facial Treatments, Benefits, Safety
150 hrs. Other Facial Treatments, Purpose and Effects, Safety
75 hrs. Hair Removal, Depilatories, Tweezing, Waxing
200 hrs. Makeup, Supplies and Implements, Preparation, Safety Procedures
75 hrs. Body Wraps, Purpose and Effects, Types of Treatment, Supplies
125 hrs. Business/ Management Practices, Salon and Client Development
225 hrs. Unassigned
2,000 HOURS TOTAL

(4) Manicure apprentices must complete a curriculum of not less than the following requirements:

180 hrs. Bacteria, Infections
120 hrs. Sanitation and Disinfection

180 hrs. Anatomy, Skin, Nails, Diseases and Disorders
30 hrs. Nail Products
100 hrs. Client Consultation, Professional Image
220 hrs. Manicure, Pedicure
150 hrs. Acrylic Nails
220 hrs. Unassigned
1,200 HOURS TOTAL

(5) Natural Hair Stylist apprentices must complete a curriculum of not less than the following requirements:

20 hrs. Shampooing
270 hrs. Braiding, weaving, extending, locking
130 hrs. Science and Sanitation
420 hrs. HOURS TOTAL

Author: Jodi Respess
Statutory Authority: Code of Ala. 1975, §34-7A-3(d), 22.
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