ALABAMA BOARD OF EXAMINERS IN MARRIAGE AND FAMILY THERAPY ADMINISTRATIVE CODE

CHAPTER 536-X-3
BOARD APPROVED MARRIAGE AND FAMILY THERAPY DESIGNATIONS

TABLE OF CONTENTS

536-X-3-.01 Board Approved Marriage And Family Therapy Designations

536-X-3-.01 Board Approved Marriage And Family Therapy Designations.

(1) Marriage and Family Therapy Intern – An individual who is enrolled and has yet to graduate from a program that meets the Board course requirements or has yet to complete and is practicing marriage and family therapy under an AAMFT Approved Supervisor, AAMFT Supervisor Candidate, ABEMFT Approved Supervisor, or ABEMFT Supervisor Candidate in a training institution, facility, or supervisory arrangement recognized and approved by the Board. An individual may remain an MFT Intern for a maximum of four (4) years if:

(a) MFT Interns are continuously practicing under supervision by an AAMFT Approved Supervisor, AAMFT Supervisor Candidate, ABEMFT Approved Supervisor, or ABEMFT Supervisor Candidate

(b) MFT Interns are actively working towards graduation or working to meet internship requirements

(c) MFT Interns receive one hour of supervision for every five hours of face-to-face therapy.

(2) Marriage and Family Therapist Associate – An individual who has graduated from a program that meets the Board course requirements, has completed the required internship, and is practicing marriage and family therapy under a Board approved supervisory arrangement to complete the minimum two-year postgraduate supervision requirement, as approved by the Board. An individual may remain and MFT Associate for a maximum of five (5) years if:

(a) MFT Associates are continuously practicing under supervision by an AAMFT Approved Supervisor, AAMFT Supervisor Candidate, ABEMFT Approved Supervisor, or ABEMFT Supervisor Candidate

(b) MFT Associates receive one hour of supervision for every ten hours of face-to-face therapy.

(3)MFT Full Licensure (LMFT)- An indiviual who has graduated from a program that meets the Board course requirements, has completed the required direct client contact hours, has completed the concurrent supervision hours, and has passed the national examnination.

(4)LMFT Supervisor Candidate – A Licensed Marriage and Family Therapist (LMFT) who is under Board approved supervision of supervision.

(5) LMFT Approved Supervisor – A Licensed Marriage and Family Therapist (LMFT) who has met Board requirements to provide MFT Supervision.

(6) LMFT Supervisor Mentor – A Licensed Marriage and Family Therapist (LMFT) Approved Supervisor who has met the experience requirements to provide supervision to LMFT Supervisor Candidate.
Author: The Alabama Board of Examiners in Marriage and Family Therapy
Statutory Authority: Code of Ala. 1975, §§34-17A-1 thru 34-17A-26.
History: New Rule: Filed November 15, 2000; effective December 20, 2000. **Amended:** Filed March 21, 2005; effective April 25, 2005. **Amended:** Filed July 10, 2006; effective August 14, 2006. **Amended:** Filed December 22, 2009; effective January 26, 2010. **Amended:** Filed February 8, 2012; effective March 14, 2012. **Amended:** Filed June 19, 2019; effective August 3, 2019. **Amended:** Published January 31, 2025; effective March 17, 2025.

Ed. Note: Chapter 536-X-2 was renumbered to Chapter 536-X-3 as per certification filed July 10, 2006; effective August 14, 2006.