

APA-1

TRANSMITTAL SHEET FOR NOTICE  
OF INTENDED ACTION

Control: 536

Department or Agency: Alabama Board of Examiners in Marriage and Family Therapy

Rule No.: 536-X-2-.02

Rule Title: Requirements For Licensure: Licensed Marriage And Family Therapist (LMFT)

Intended Action Amend

Would the absence of the proposed rule significantly harm or endanger the public health, welfare, or safety? No

Is there a reasonable relationship between the state's police power and the protection of the public health, safety, or welfare? Yes

Is there another, less restrictive method of regulation available that could adequately protect the public? No

Does the proposed rule have the effect of directly or indirectly increasing the costs of any goods or services involved? No

To what degree?: N/A

Is the increase in cost more harmful to the public than the harm that might result from the absence of the proposed rule? NA

Are all facets of the rule-making process designed solely for the purpose of, and so they have, as their primary effect, the protection of the public? Yes

Does the proposed action relate to or affect in any manner any litigation which the agency is a party to concerning the subject matter of the proposed rule? No

Does the proposed rule have an economic impact? No

If the proposed rule has an economic impact, the proposed rule is required to be accompanied by a fiscal note prepared in accordance with subsection (f) of Section 41-22-23, Code of Alabama 1975.

Certification of Authorized Official

I certify that the attached proposed rule has been proposed in full compliance with the requirements of Chapter 22, Title 41, Code of Alabama 1975, and that it conforms to all applicable filing requirements of the Administrative Procedure Division of the Legislative Services Agency.

Signature of certifying officer

*Claire H. Austin*

Claire Hannah Austin

Date

Monday, August 19, 2024

REC'D & FILED

AUG 19, 2024

LEGISLATIVE SVC AGENCY

ALABAMA BOARD OF EXAMINERS IN  
MARRIAGE AND FAMILY THERAPY

NOTICE OF INTENDED ACTION

AGENCY NAME: Alabama Board of Examiners in Marriage and Family Therapy

RULE NO. & TITLE: 536-X-2-.02 Requirements For Licensure: Licensed Marriage And Family Therapist (LMFT)

INTENDED ACTION: Amend

SUBSTANCE OF PROPOSED ACTION:  
The Board of Examineers of Mariage & Family Therapyto amedn their Administrative Code and rules under which to operate. Specifically, the Direct Clinical and Supervision hours.

TIME, PLACE AND MANNER OF PRESENTING VIEWS:  
Written Comment, views, or arguments will be received by the Alabama Board of Examineers of Marriage & Family Therapy through October 24, 2024. Comment should be directed to Claire Austin, Excutive Director, 60Commerce Street - Suite 1440 - Montgomery, AL 36104

FINAL DATE FOR COMMENT AND COMPLETION OF NOTICE:  
Thursday, October 24, 2024

CONTACT PERSON AT AGENCY:  
Claire H. Austin - Excutive Director -- MFT - 334-657-9440

*Claire H. Austin*

---

Claire Hannah Austin

(Signature of officer authorized  
to promulgate and adopt  
rules or his or her deputy)

**536-X-2-.02**

**Requirements For Licensure: Licensed Marriage  
And Family Therapist (LMFT).**

Application:

(1) Submission of a completed application on the forms prescribed by the Board (See 536-X-5 APPENDICES 2: FORMS ASSOCIATED WITH THESE RULES AND REGULATIONS); and submission of applicable fees prescribed by the Board (See 536-X-5 APPENDICES 1: FEES).

(2) Evidence that the applicant is of good moral character and has not or is not engaged in any practice or conduct that would make the applicant ineligible to receive a license pursuant to the Marriage and Family Therapy Licensure Act;

Education/Transcripts

(3) Completion of the education, internship, clinical, and supervision requirements for a licensed MFT Associate (See 536-X-2-.05): (Licensed Marriage and Family Therapy Associate (LAMFTA)); Submission of transcripts REQUIRED.

National Examination:

(4) Passed the marriage and family therapy examination approved by the Board (See 536-X-4-.07 Guidelines for Examination Application Requirements);

Direct Clinical and Supervision Hours:

(5) Completion of a minimum of two (2) years ~~full-time (30 hours per week average) MFT work experience or the equivalent part-time post degree per week~~ MFT work experience under the supervision of a Board Approved Supervisor as a licensed MFT Associate;

(6) (a) Completion of two-hundred (200) hours of supervision, one-hundred (100) of which must be individual. Candidates may count up to one-hundred (100) supervision hours earned during the graduate program toward this requirement, when based on a ratio of one (1) supervision hour for every five (5) client contact hours completed concurrently. The remaining one hundred (100) hours of post-degree supervision must include at least fifty (50) hours of individual supervision. Applicants from allied mental health professions or candidates not completing a graduate internship must complete concurrently the full supervision requirement post-degree while being supervised by an AAMFT Approved Supervisor, AAMFT Supervisor Candidate, ABEMFT Approved Supervisor, or ABEMFT Supervisor Candidate.

(b) All out-of-state applicants will be reviewed case-by-case to ensure that the same standards are met.

(7) Completion of a minimum of one-thousand (1000) post-degree direct client hours completed concurrently with the required ratio of one (1) supervision hour to every ten (10) client contact hours ~~at least~~ two hundred-fifty (250) of these direct contact hours must be with couples or families physically present in the therapy room. Additionally, group therapy may be

counted but cannot be considered "relational" unless the members of the group live with in the same household (including residential treatment or multi family groups.)

(8) It is the responsibility of the candidate and the supervisor to ensure that direct client contact hours and supervision hours are concurrent. This applies for hours toward the internship and post-degree requirements.

(9) For an MFT license to be renewed, the licensee must have completed the required Continuing Education or Experience Units during the previous twenty-four (24) months. (see 536-X-6 REQUIRED RELEVANT PROFESSIONAL AND CONTINUING EDUCATION EXPERIENCE); and submission of applicable fees for license renewal prescribed by the Board (See 536-X-5: APPENDICES 1: FEES).

**Author:** The Alabama Board of Examiners in Marriage and Family Therapy

**Statutory Authority:** Code of Ala. 1975, §§34-17A-1 thru 34-17A-26.

**History: New Rule:** Filed July 10, 2006; effective August 14, 2006. **Amended:** Filed February 9, 2007; effective March 16, 2007. **Amended:** Filed February 8, 2012; effective March 14, 2012. **Amended:** Filed June 19, 2019; effective August 3, 2019.

**Amended:** Published August 31, 2023; effective October 15, 2023. **Amended:** Published ; effective .