

**ALABAMA BOARD OF EXAMINERS IN COUNSELING
ADMINISTRATIVE CODE**

**CHAPTER 255-X-2
DEFINITIONS AND CLARIFICATION OF TERMS**

255-X-2-.01 Practice Of Counseling.

(1) Unless specifically exempt by Code of Ala. 1975, §34-8A-3, no person shall engage in the private practice of counseling in the state of Alabama without a valid license issued through due process by the Alabama Board of Examiners in Counseling. The issuance of a license by the Alabama Board of Examiners in Counseling authorizes a licensee to engage in the private practice of counseling in the State of Alabama only.

(2) The private practice of counseling shall mean rendering or offering to render to individuals, groups, organizations or the general public counseling services, in settings of individual or group practice, for a fee, salary, or other compensation, involving the application of principles, methods or procedures of the counseling profession which include, but are not restricted to:

(a) COUNSELING. To render evaluation and therapy that includes, but is not limited to, providing individual counseling, family counseling, marital counseling, group therapy, school counseling, play therapy, rehabilitation counseling, art therapy, human growth and development counseling, couples counseling, chemical abuse or dependency counseling, career counseling, and vocational disability counseling. The use of specific methods, techniques, or modalities within the practice of a Licensed Professional Counselor is restricted to counselors appropriately trained in the use of three methods, techniques, or modalities. A licensed professional counselor or associate licensed counselor may diagnose and develop treatment plans but shall not attempt to diagnose, prescribe for, treat, or advise a client with reference to problems or complaints falling outside the boundaries of counseling services.

(b) APPRAISAL ACTIVITIES. Selecting, administering scoring and interpreting instruments designed to assess an individual's aptitudes, attitudes, abilities, achievements, interests and personal characteristics, but shall not include the use of projective techniques in the assessment of personality.

(c) COUNSELING, GUIDANCE AND PERSONNEL CONSULTING. Interpreting or reporting upon scientific fact or theory in counseling, guidance and personnel services to provide

assistance in solving some current or potential problems of individuals, groups or organizations.

(d) REFERRAL ACTIVITIES. The evaluating of data to identify problems and to determine advisability of referral to other specialists.

(e) RESEARCH ACTIVITIES. The designing, conducting and interpreting of research with human subjects.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §§34-8A-1, et seq.

History: Filed September 30, 1982. **Amended:** Filed September 25, 2000; effective October 30, 2000. **Amended:** Filed November 9, 2006, effective December 14, 2006. **Amended:** Filed September 28, 2009; effective November 2, 2009. **Amended:** Filed July 14, 2016; effective August 28, 2016.